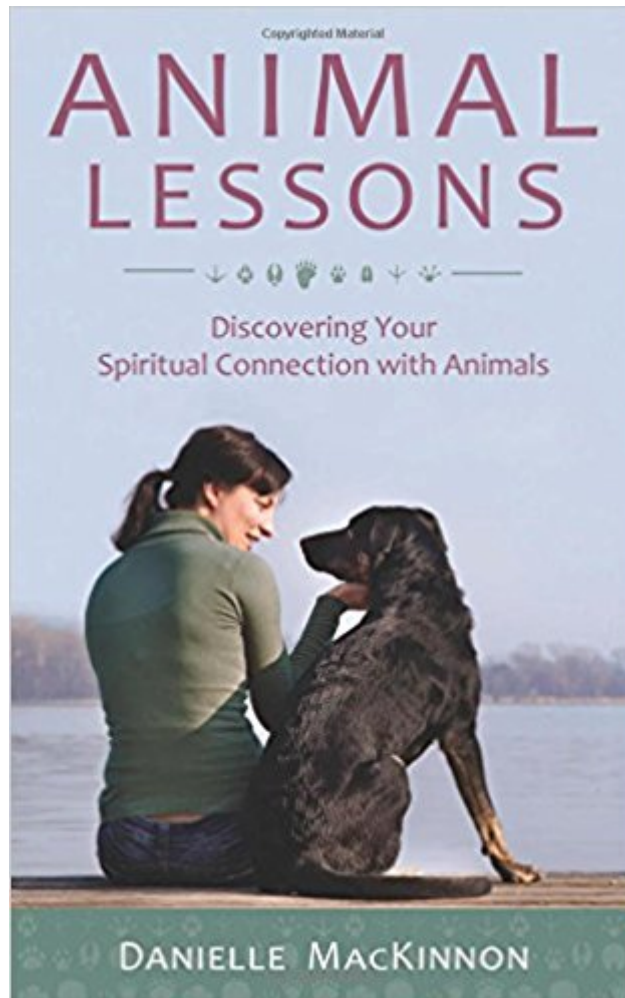




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Animal Lessons: Discovering Your Spiritual Connection With Animals



Book Information

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Customer Reviews

"MacKinnon, a psychic medium, blends personal stories with tips and tools aimed at helping readers discover a deeper relationship with their pets. Animals, she writes, often act as therapists, trainers, mentors, and gurus, and can offer lessons on love, patience, happiness, and gratitude." — Publishers Weekly "Although she is a seasoned intuitive animal communicator, MacKinnon wrote this book to help people learn to interpret animal behavior and use it to make their own lives better... It is a book that suggests animals, domesticated or wild, often also serve as our spiritual teachers." — Anna Jedrzewski, Retailing Insight "Danielle MacKinnon's intuition has provided such comfort to those I love and I am happy that she's now sharing her gift with you in this book. Our connection to the animal world is significant and worthy of our attention. Animal Lessons will help you to understand your furry companions in a whole new way, and it will show you how to work with them to unlock the healing messages that can change your life." — Cheryl Richardson, author of *The Art of Extreme Self Care* "We have long known that animals teach us about unconditional love. But clearly they teach us much more, and Danielle MacKinnon, in her intriguing and brilliant new book, *Animal Lessons*, demonstrates our deep intuitive links and how our animals can help us to remove the blocks and obstacles to inner peace, joy, and happiness." — Brian L. Weiss, MD, author of *Many Lives, Many Masters* "It is rare to find a book that opens your heart wide and deep, and at the same time, reminds you of truths that you have known but somehow have forgotten. With excellent advice, powerful exercises and

wonderful stories from her life, Danielle MacKinnon's book is a page turner that creates a wonderful awareness of the profound "À" messages from your animal companions that can transform your life. Highly recommended!" -Denise Linn, best-selling author of Sacred Space.

Danielle MacKinnon (Boston, MA) is a highly gifted intuitive and coach who has appeared on TV and radio around the world. She's also an esteemed faculty member at the Omega Institute, the Kripalu Center, and many other globally recognized teaching and wellness institutions. Her school, the Danielle MacKinnon School of Animal Communication, has given the field of animal communication more global visibility than ever before. Each year Danielle leads thousands of people through their challenges and into a world of miraculous possibility. Visit her online at www.DanielleMacKinnon.com.

Animal Lessons is a book like no other! Danielle MacKinnon has shared with us the depth of intelligence, emotion, and understanding embodied by all animals. We're all strongly attached to our own pets, as well as the pets of other people and even wild animals, and are appreciating the unconditional love they show us. But we must also pay attention to all animals who come into our lives, whether briefly or for the long term, as they play some role in our own life's lessons. Danielle outlines a series of steps to identify such lessons, to learn to work with animals and thereby work on our own development, through to mastery of such lessons. Animal Lessons will help you feel better about understanding the animals in your life whether they are still here or have crossed over. Thank you to Danielle and the Animals for sharing the most amazing knowledge we should all know!

I have gotten this book a week ago. I stumbled upon it and I knew immediately it was for me. I can't put it down, and I've recommended it to several friends, all of whom have ordered it, are reading it and loving it. The premise is that animals are souls that live in the here and now and have wisdom to share with us to teach us deep spiritual lessons. These lessons are ways for us to unlock our own behaviors so that we may get in touch with our most pure selves and realize that we are loved, worthy and supported in all we do. Now I'm sure that seems like a BIG thing, or to some, ridiculous. I'm telling you the book shows you in a fun, gentle and supportive way how to gain insight into yourself so you can be the best you and help you live your best life. The animals we love, the ones that challenge us, confuse us, the ones that some of us bow to (lol) are really selfless messengers who are trying to teach us about ourselves. Put your human egos aside and let your dogs, cats, horses, birds, lizards, etc. shine their light on you and let them teach you. Not just for animal lovers,

but for anyone looking to go deeper within.

Danielle's book confirmed what I have thought was true about animal intelligence, and it added so much more wisdom and insight to my belief. It's almost scary to realize how much my dog knows about me. I am excited to discover what she is in my life to teach me, and I'm determined to learn the lessons this beautiful angel, and all animals, are so generously here to teach. This book is priceless. The author is taking a stand saying something I have never encountered said before - that animals are our gurus. I didn't want the book to end, and I feel privileged to have this information from someone who clearly knows what she is talking about. Thank you, Danielle! What a wonderful service to people and animals this book is.

This book is awesome. I have been an animal lover from a young age as I had a horse growing up and many dogs over the years. I never thought about what the animals had been trying to communicate to me however so I was very curious about this book. This book has opened me up to a new way of looking at animals and I am so grateful now for all of the animals in my life. My current dog has been annoying me for years and I never knew why as she is a great dog. However I know see she has helping me break out of old patterns and it is bringing up a lot of uncomfortable emotions and I was blaming her for it instead of seeing that she was helping me break free. Thank you Danielle for sharing your wisdom and insights!!

With years of experience working intuitively with animals and their humans Danielle came to understand that a lot of animal issues/behaviors like your dog jumping on people or peeing inappropriately are actually related to core beliefs that their humans hold like I'm not good enough. In this book Danielle teaches how the animals in our lives are here to help us find and resolve these long held core negative beliefs. She describes a step by step process with some examples for doing this. This applies not only to our own pets, but could also apply to a feral cat in the neighborhood or an animal you read about on Facebook. My only minor complaint is I felt there weren't enough examples in the book. I learn with lots of examples. What really helped me with this was being able to participate in the 4 week Animals Lessons Book Club which helped to guide students through the process. This included helping the students to hone in on the emotions, lessons and workarounds or ways we avoid learning a lesson. Overall, even with the minor complaint I find this book an excellent resource for someone whose wanting a new approach for working on negative core beliefs. Because in reality we all have animals in our lives even if we don't own a pet.

This book is for anyone who wants to explore the depth that exists between them, and their animal. I have always known, and felt how soulful, and enlightened animals are. Through Danielle's wisdom, and insights, the connection between my cat and me has taken on a new meaning. I am floored, and amazed at the profound information presented in an accessible, fascinating manner. This is a read I will come back to again, and again. I thought I couldn't be more amazed with other species, and have now realized I have only scratched the surface. A turning point with regard to the thinking of humanity. Remarkable.

I have just begun the book, and I can tell you that I love Danielle's writing style. It is so easy to read, and "get" what she has to offer. We are not supposed to rush thru so I am following her directions and taking it one step at a time. Can't wait to truly learn what my dog, Spirit and cat, Lucy are here to teach me. I have some ideas already, but trying not to second guess. I recommend this for anyone who wants a closer relationship with the animals in their lives!

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